

Manage Diabetes Resource Page

Cooking Classes

El Paso Center for Diabetes

Sabrosa Vida

 915-532-6280

 3641 Mattox St.
El Paso, TX 79925

New Mexico State University

Kitchen Creations

 575-202-5065

 Las Cruces, NM

NMSU, Otero County Extension Office

ICAN - Ideas for Cooking & Nutrition

 575-437-0231

 401 Fairground Rd.
Alamogordo, NM 88310

Project Vida

Bueno Para Comer


 915-465-1191

 El Paso, TX

Sun City Dietitians

Cooking Program

 915-262-6192

 2601 Yandell Dr, Ste 101
El Paso, TX 79903

Texas AgriLife

Expanded Food and Nutrition Education Program

 915-858-1030

 1380 A&M Circle
El Paso, TX 79927

Ysleta del Sur Pueblo

Cooking Well with Diabetes

 915-858-1076

 9314 Juanchido Ln.
Ysleta del Sur Pueblo, TX 79907



For more information on how to manage your diabetes visit:

diabetesnowwhat.org

Manage Diabetes Resource Page

Additional Programs

Texas Tech Dental Oral Health Clinic
TTUHSC Diabetes, The Dentist, and You

 915-215-6700

 222 Rick Francis St
El Paso, TX 79905

Kelly Center for Hunger Relief
FreshStart

 915-261-7499

 915 N Florence St.
El Paso, TX 79902

Support Groups

El Paso Center for Diabetes

Amigos Dulces

 915-532-6280

 3641 Mattox St.
El Paso, TX 79925

El Paso Children's Hospital

Type 1 El Paso Support Group

 915-298-5444

 4845 Alameda Ave.
El Paso, TX 79905

Project Vida

Chronic Disease Support Group

 915-465-1191

 3607 Rivera Ave.
El Paso, TX 79905

Ysleta del Sur Pueblo

Healing Minds Healing Bodies

 915-858-1076

 9314 Juanchido Ln.
Ysleta del Sur Pueblo, TX 79907

Pediatrics

El Paso Children's Hospital
Zachary Bowling Pediatric Outpatient
Diabetes Education Services

 915-242-8471

 4845 Alameda Ave
El Paso, TX 79905

El Paso Children's Hospital
Pediatric Diabetes Support Group

 915-242-8471

 4845 Alameda Ave
El Paso, TX 79905

Southern New Mexico Diabetes Outreach
Children and Youth Type 1 Diabetes

 575-522-0289

 1320 South Solano Drive
Las Cruces, NM 88001

El Paso Children's Hospital
Empower Program

 915-242-8471

 4845 Alameda Ave
El Paso, TX 79905

Health Corner Pediatrics

Pediatric Endocrinology and Diabetes Education

 915-642-7004

 2270 Joe Battle Blvd, Ste E
El Paso, TX 79936

Sun City Dietitians

Family Nutrition and Diabetes Management

 915-262-6192

 2601 Yandell Dr, Ste 101
El Paso, TX 79903

YOU'RE NOT ALONE!

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diabetesnowwhat.org

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Diabetes Self Management Education Accredited DSME Classes

El Paso Center for Diabetes

-  915-532-6280
-  3641 Mattox St.
El Paso, TX 79925

Sun City Dietitians



-  915-262-6192
-  2601 Yandell Dr, Ste 101
El Paso, TX 79903

Project Vida

-  915-465-1191
-  3607 Rivera Ave
El Paso, TX 79905

Diabetes Prevention Programs

New Mexico State University

-  575-646-2034 / 575-525-6649
-  1170 N. Solano Dr. Suite M
Las Cruces, NM 8801

Project Vida

-  915-465-1191
-  3607 Rivera Ave
El Paso, TX 79905

Other Diabetes Programs

Centro San Vicente

Diabetes Education Empowerment Program

-  915-859-7545
-  8061 Alameda Ave
El Paso, TX 79915

The University of Texas at El Paso

The Diabetes Garage

-  915-747-8377

Ysleta del Sur Pueblo

Harvesting Healthy Traditions

-  915-858-1076
-  9314 Juanchido Ln.
Ysleta del Sur Pueblo, TX 79907

Southern New Mexico Diabetes Outreach

-  575-522-0289
-  1320 South Solano Drive
Las Cruces, NM 88001

Texas A&M AgriLife Extension Service

Do Well, Be Well With Diabetes

-  575-522-0289
-  Online Only (\$30)

Ysleta del Sur Pueblo

Do Well Be Well with Diabetes

-  915-858-1076
-  9314 Juanchido Ln.
Ysleta del Sur Pueblo, TX 79907

Texas A&M Colonias Program

Project VyBE

-  915-860-9528
-  Various Sites in East El Paso as well as Clint,
Montana Vista, Sparks and Ysleta

New Mexico State University

On the Road to Living Well with Diabetes

-  575-646-5763
-  Las Cruces, NM

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diabetesnowwhat.org

