

Texas Diabetes Council ToolKit

Presented By

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Objective

- Review the use of the Texas Diabetes Council (TDC) Toolkit in regard to diabetes prevention and management

PREVALANCE

- 30.3 million people in the U.S. (2015)
- 84.1 million estimated with pre-diabetes
- 9.4% of U.S. population has diabetes
- Total annual cost is 327 billion (2017)

Diabetes by Race/Ethnicity

- 7.4% of non-Hispanic whites
- 8.0% of Asian Americans
- 12.1% of Hispanics
- 12.7% of non-Hispanic blacks
- 15.1% of American Indians/Alaskan Natives

Breakdown among Hispanic Adults

- 8.5% of Central and South Americans
- 9.0% of Cubans
- 13.8% of Mexican Americans
- 12% of Puerto Ricans

Comparative Statistics

- El Paso, TX 13.9%
- Texas 11.9%
- United States 10.5%

Texas Diabetes Council (TDC)

- Texas Legislature established TDC in 1983
- Promotes diabetes prevention and awareness throughout Texas
- Address issues affecting people with diabetes in Texas
- Advises the Texas Legislature on legislation related to quality education services for all people with diabetes and health care professionals who offer diabetes treatment.

TDC Composition

- Appointed by the governor and confirmed by the Texas Senate
- Six staggered years terms
- Eleven Council Membership:
 - A Licensed Physician
 - A Registered Nurse
 - A Registered and Licensed Dietitian
 - A person experience and training in public health policy
 - Three Consumer- active with JDRF and ADA
 - Four General Public members committed to diabetes

Texas Diabetes Council Toolkit

What is the toolkit?

- Resource that includes professional and patient education materials.
- It assists medical health professionals, and health educators in delivering quality care and implementing quality improvement efforts.
- Developed by CDE's, professional staff of the Texas Department of State Health Services Diabetes Prevention Program.

<https://www.dshs.texas.gov/TDCtoolkitAlgorithms.asp>

Toolkit Features

- Self-management training content based on National Standards for Diabetes Education
- Minimum standards of care and evidence based algorithms
- Professional and patient education materials

Minimum standards of care and evidence based algorithms

- A1c
- Diabetes prevention
- Weight loss
- Nutrition
- Glycemic control
- Cardiovascular risk reduction
- Insulin administration
- Foot care
- Pain management

<https://www.dshs.texas.gov/TDCtoolkitAlgorithms.asp>

Ordering patient materials

- FREE patient and provider materials
 - <http://hhsc.pinnaclecart.com/diabetes/>
- Texas Diabetes Council/Program Literature Catalog
 - <https://www.dshs.texas.gov/TDCtoolkitOrder.asp>

References

- <https://www.dshs.texas.gov/diabetes/default.shtm>
- <https://www.dshs.texas.gov/TDCtoolkitOrder.asp>
- <https://www.dshs.texas.gov/TDCtoolkit.asp>
- <https://www.dshs.texas.gov/TDCtoolkitAlgorithm.asp>

DIABETES IS ABOUT LIFE NOT A LIFESTYLE

- It is part of a person's life story
- Our job is to help patients effectively weave diabetes into the fabric of their lives



Thank you!