

0 = Never
3 = Often

1 = Hardly Ever
4 = Almost Always

2 = Sometimes
5 = Always

	INITIAL Date:	Follow-Up Date:	Follow-Up Date:	FINAL Date:	Staff Use: % Δ
HEALTHY EATING	ACHIEVEMENT NUMBER (0 - 5)				
BEING ACTIVE					
MONITORING					
TAKING MEDICATION					
OTHER					

Instructor Initials and Signature: _____

MARY ANN HODOROWICZ CONSULTING, LLC

Nutrition, Diabetes Care & Education, Health Promotion and Insurance Reimbursement for Professionals
in the Healthcare and Food Industry

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Eat Well, Laugh Often, Love Much